

S is for Shiva

If we 'don't know' I think we've got a problem, because our futures can only reflect 'not knowing'. I've found that it is best to know and that we should desire that and go out of our way to get it...

I've got an inquisitive mind and the longer I sit in my armchair the more I realise I'm always being led to what I need to know next. I'm open to know and I trust in what I get to know.

Now why do I think I have anything important to say? I don't! There are approximately 8 billion different perspectives on this planet and most of them think they have something important to say..

We really are insignificant; yet we are as significant as every other perspective and that's all. Please don't kid yourself that what you have to say is important – you may be able to manipulate markets for the benefit of your buddies and yourself, but so what – that's living for temporal 'success'.

Shift your focus for just one minute and take a look at Shiva – what is he/she doing? Sitting on a tiger is symbolic of mastering your animal nature. That is the only important perspective :)

Your Spiritual journey is to master your body and its emotions – that's it!

What does that mean in practice? It means you work through your mind and stop your body from firing – firing emotionally and firing sexually. That is what Shiva represents – you have to stop pressing the buttons..

Self-mastery is mastery over your body and its emotions. The benefit? You will get to know ~ Gary

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